



# SCAC RUNNERS WEEKLY

## WOMEN'S CROSS COUNTRY REPORT

Tuesday, September 9, 2008

WEEK 2

<http://www.scac-online.org/>

Contact: [Jeff DeBaldo](#)

### **Top Times List (5K only)**

*(through meets of Sept. 6)*

Rank	Name, School	Time
1.	Taylor Stephens, Rhodes	18:10
2.	Cybil Covic, Rhodes	19:09
3.	Hayley Robb, Sewanee	19:15
4.	Mary Williamson, Birmingham	19:36
5.	Emily Loeffler, Trinity	19:46
	Liz Eder – Trinity	19:46
7.	Caitlin Masse, Trinity	19:53
8.	Whitney Ranson, Rhodes	20:06
9.	Kriss Ford, Trinity	20:16
10.	Lauren McCafferty, Centre	20:25

### **Top Times List (6K only)**

*(through meets of Sept. 6)*

Rank	Name, School	Time
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### **SCAC Runner-of-the-Week (Week 2)**

**TAYLOR STEPHENS OF RHODES COLLEGE**, a first year runner from Southlake, Texas, has been selected the SCAC Women's Cross Country Runner-of-the-Week for meets run Friday, September 5 and Saturday, September 6.

**Stephens** was the top Division III finisher (second overall) at the University of the South Invitational meet in her collegiate debut. Stephens ran the five kilometer course in 18:10 and led the Lynx to fourth place overall finish.

#### Other outstanding performances in the SCAC:

Senior Hayley Robb of Sewanee paced the Tigers as she returned to the team after a year abroad in Tanzania. She ran a personal best 19:15 to finish eight overall in a field of 149 at the University of the South Invitational. Her time ranked as the fifth fastest distance time in the last 11 years at Sewanee.

Junior Tami Warner of Southwestern placed 12th overall out of 61 runners at the Texas State University Cross Country Invitational by finishing the three mile course in 18:38 and was the top Division III finisher.

### **Weekly Women's Honors**

Aug. 30 Lolly Plummer Hendrix  
Sept. 6 Taylor Stephens Rhodes  
Sept. 13  
Sept. 20  
Sept. 27  
Oct. 4  
Oct. 11  
Oct. 18  
Oct. 25

### **Next Week's Meets**

Saturday, September 13

Birmingham-Southern @ Christian Brothers Memphis Twilight  
Centre & Sewanee @ Centre Invitational  
Colorado College @ Colorado State University Classic  
Trinity @ Texas A&M Invitational

(Memphis, Tenn.)  
(Danville, Ky.)  
(Fort Collins, Colo.)  
(College Station, Texas)



September 9, 2008

## **Division III Women's Cross Country Regional Rankings** **WEEK 1**

### **Atlantic Region Women**

1. Geneseo State
2. Ithaca
3. The College of New Jersey
4. Cortland State
5. Brockport State
6. St. Lawrence
7. University of Rochester
8. Plattsburgh State
9. Rensselaer Polytechnic Institute (RPI)
10. Hamilton

### **Midwest Region Women**

1. Johns Hopkins
2. Dickinson
3. Grove City
4. Haverford
5. Allegheny
6. Swarthmore
7. Gettysburg
8. Messiah
9. Ursinus
10. Salisbury

### **South/Southeast Region Women**

1. Emory University
2. Washington & Lee University
- 3. Trinity University (TX)**
- 4. Rhodes College**
5. Lynchburg College
6. Christopher Newport University
7. Univ. of Mary Washington
8. Roanoke College
- 9. Hendrix College**
10. Mississippi College

### **Central Region Women**

1. Luther College
2. Wartburg College
3. St. Thomas University (Minn.)
4. Loras College
5. Nebraska Wesleyan University
6. Central College
7. Simpson College
8. St. Olaf
9. Carleton
10. Bethel University

### **Midwest Region Women**

1. Wisconsin-Eau Claire
2. Washington University (Mo.)
3. Wisconsin-Platteville
4. Wisconsin-LaCrosse
5. Wisconsin-Oshkosh
6. Wheaton College (Ill.)
7. University of Chicago
8. Wisconsin-Stevens Point
9. Carthage College
10. North Central College

### **West Region Women**

1. Willamette
2. Claremont-Mudd-Scripps
3. Whitworth
4. Whitman
5. Pomona-Pitzer
6. UC Santa Cruz
7. Occidental
8. Univ. of Redlands
9. Linfield
10. Lewis & Clark

### **Great Lakes Region Women**

1. Calvin
- 2. DePauw**
3. Case Western Reserve
4. Oberlin
5. Kenyon
6. Ohio Northern
7. Ohio Wesleyan
8. Baldwin Wallace
9. Otterbein
10. Wittenberg

### **New England Region Women**

1. Amherst
2. Williams
3. Middlebury
4. Colby
5. MIT
6. Tufts
7. Bowdoin
8. Keane State
9. Bates
10. Connecticut College



August 27, 2008

**Division III Women's Cross Country Regional Rankings**  
**PRESEASON**

<b>Rank</b>	<b>Institution</b>	<b>Region</b>	<b>Totals</b>
1	Amherst College (MA) - (8)	NE	280
2	Luther (IA)	C	265
3	Wisconsin Eau Claire	MW	263
4	Calvin College (MI)	GL	259
5	SUNY Geneseo (NY)	A	252
6	Washington University (MO)	MW	238
7	<b>DePauw University (IN)</b>	<b>GL</b>	<b>232</b>
8	Williams College (MA)	NE	218
9	Wisconsin-Platteville	MW	213
10	Case Western (OH)	GL	202
11	Ithaca College (NY)	A	197
12	Colby College (ME)	NE	196
13	Wartburg College (IA)	C	189
14	Middlebury College (VT)	NE	177
15	College of New Jersey	A	164
16	Wisconsin-LaCrosse	MW	161
17	Johns Hopkins (MD)	ME	148
18	Willamette University (OR)	W	138
19	Emory University (GA)	SE	136
20	Loras (IA)	C	126
21	Wisconsin-Oshkosh	MW	124
22	SUNY Cortland (NY)	A	103
23	St. Thomas (MN)	C	99
24	Whitman College (OR)	W	92
25	MIT	NE	84
26	Oberlin (OH)	GL	79
27	Swarthmore College (PA)	ME	68
28	Wheaton (IL)	MW	60
28	Kenyon (OH)	GL	60

30	Nebraska Wesleyan	C	51
31	Brockport (NY)	A	43
32	Washington & Lee	SE	37
33	Claremont-Mudd-Scripps (CA)	W	25
34	Bowdoin (ME)	NE	21
35	Allegheny (PA)	ME	16
<b>35</b>	<b>Trinity Univ. (TX)</b>	<b>SE</b>	<b>16</b>

**Others:** St. Lawrence (8).

<b>BIRMINGHAM-SOUTHERN COLLEGE WOMEN'S RESULTS</b>							
	Sewanee Invitational (9/6 - 5K)						
Mary Elaine Williamson	19:36 (13 <sup>th</sup> )						
Caitlin Hodges	21:14 (44 <sup>th</sup> )						
Emily Moore	21:19 (48 <sup>th</sup> )						
Katelyn Carroll	21:52 (62 <sup>nd</sup> )						
Katie Sack	22:17 (69 <sup>th</sup> )						
Terza Weston	23:20 (97 <sup>th</sup> )						
Hannah Scott	27:10 (139 <sup>th</sup> )						
Team Score/Finish	201 pts (6 of 16)						

<b>CENTRE COLLEGE WOMEN'S RESULTS</b>							
	Sewanee Invitational (9/6 - 5K)						
Regina Basconi	22:28 (72 <sup>nd</sup> )						
Kara Beer	23:08 (88 <sup>th</sup> )						
Rachel Blank	23:47 (102 <sup>nd</sup> )						
Paige Farris	23:37 (100 <sup>th</sup> )						
Haley Gray	21:39 (57 <sup>th</sup> )						
Kelsey Lownds	23:41 (101 <sup>st</sup> )						
Lauren McCafferty	20:25 (28 <sup>th</sup> )						
Sarah Meador	23:13 (92 <sup>nd</sup> )						
Megan Miller	22:24 (70 <sup>th</sup> )						
Rose Myers	23:26 (98 <sup>th</sup> )						
Holly Overcash	22:03 (66 <sup>th</sup> )						
Bethany Pratt	21:24 (51 <sup>st</sup> )						
Bekah Rehkamp	20:49 (37 <sup>th</sup> )						
Annie Schultz	23:51 (103 <sup>rd</sup> )						
Team Score/Finish	215 pts (9 of 16)						

<b>COLORADO COLLEGE WOMEN'S RESULTS</b>							
	Rust-Buster Invitational (9/6 – 4 K)						
Margot Cutter	16:44 (17 <sup>th</sup> )						
Claire Daniel	17:10 (22 <sup>nd</sup> )						
Megan Hurster	17:19 (26 <sup>th</sup> )						
Emily McCarthy	17:39 (28 <sup>th</sup> )						
Rebecca Thompson	17:56 (31 <sup>st</sup> )						
Tiffany Calabaza	18:00 (32 <sup>nd</sup> )						
Team Score/Finish	105 pts (4 of 8)						

DEPAUW UNIVERSITY WOMEN'S RESULTS							
	Wabash Hokum Karem (9/6)						
Team Score/Finish	14 pts (2 of 8)						

HENDRIX COLLEGE WOMEN'S RESULTS							
	Arkansas Tech Twilight (8/29 - 3.2 K)						
Mallory Bader	14:27 (42 <sup>nd</sup> )						
Brittany Bowman	14:19 (39 <sup>th</sup> )						
Alice Cawley	14:02 (36 <sup>th</sup> )						
Claire Corbaux	12:31 (14 <sup>th</sup> )						
Madaleine Keenan	13:50 (33 <sup>rd</sup> )						
Kelly Limeucelli	14:38 (44 <sup>th</sup> )						
Lolly Plummer	11:53 (2 <sup>nd</sup> )						
Liza Poris	12:48 (19 <sup>th</sup> )						
Team Score/Finish	104 pts (4 of 9)						

MILLSAPS COLLEGE WOMEN'S RESULTS							
	Miss. College Season Opener (8/29 – 4K)	Southern Miss. Invite (9/5 – 5 K)					
Anna Allred	21:44.44 (39 <sup>th</sup> )	28:20 (24 <sup>th</sup> )					
Kate Garand	23:59.35 (41 <sup>st</sup> )	32:57 (27 <sup>th</sup> )					
Maria Greene	19:02.63 (26 <sup>th</sup> )	25:13 (17 <sup>th</sup> )					
Anna Johnson	16:42.92 (4 <sup>th</sup> )	21:06 (5 <sup>th</sup> )					
Ginny Nippes	19:35.34 (32 <sup>nd</sup> )	28:42 (25 <sup>th</sup> )					
Team Score/Finish	125 pts (6 of 6)	27 pts (5 of 5)					

OGLETHORPE UNIVERSITY WOMEN'S RESULTS							
	Sewanee Invitational (9/6 – 5K)						
Courtney Barthelemy	31:33 (149 <sup>th</sup> )						
Michelle Chelemer	25:20 (123 <sup>rd</sup> )						
Beth Cleary	23:16 (95 <sup>th</sup> )						
Armanda Colson	27:46 (143 <sup>rd</sup> )						
Bianca Hernould	26:12 (129 <sup>th</sup> )						
Julia Higgins	27:48 (145 <sup>th</sup> )						
Lauren Hunt	31:29 (148 <sup>th</sup> )						
Avery Livingston	23:14 (93 <sup>rd</sup> )						
Annie Morgan	26:15 (130 <sup>th</sup> )						
Team Score/Finish	418 pts (13 of 16)						

RHODES COLLEGE WOMEN'S RESULTS							
	Sewanee Invitational (9/6 – 5K)						
Emily Brooks	21:25 (53 <sup>rd</sup> )						
Cybil Covic	19:09 (6 <sup>th</sup> )						
Melissa DeFabrizio	21:16 (46 <sup>th</sup> )						
Kelsey Dudziak	22:54 (83 <sup>rd</sup> )						
Sandy Henin	22:56 (84 <sup>th</sup> )						
Emily Jenkins	22:42 (79 <sup>th</sup> )						
Taylor Stephens	18:10 (2 <sup>nd</sup> )						
Whitney Ranson	20:06 (24 <sup>th</sup> )						
Caroline Webster	21:04 (41 <sup>st</sup> )						
Team Score/Finish	112 pts (4 of 16)						

SEWANEE-UNIVERSITY OF THE SOUTH WOMEN'S RESULTS							
	Sewanee Invitational (9/6 – 5K)						
Adrian Ash	24:00 (107 <sup>th</sup> )						
Molly Bernhard	24:19 (109 <sup>th</sup> )						
Chessie Macrae	22:34 (75 <sup>th</sup> )						
Genevieve Melcher	24:34 (113 <sup>th</sup> )						
Hayley Robb	19:15 (8 <sup>th</sup> )						
Maureen Russell	25:23 (124 <sup>th</sup> )						
Allison Scherberger	26:02 (128 <sup>th</sup> )						
Kendra Tippens	21:43 (59 <sup>th</sup> )						
Team Score/Finish	276 pts (10 of 16)						

SOUTHWESTERN UNIVERSITY WOMEN'S RESULTS							
	UIW Relays (8/30 – 5K)	Texas State Invitational (9/6 – 3 Miles)					
Caitlin Buck	28:54 (43 <sup>rd</sup> )						
Lauren Hamlett	28:55 (44 <sup>th</sup> )	25:29 (61 <sup>st</sup> )					
Kristin Lahaie	22:19 (17 <sup>th</sup> )	20:32 (30 <sup>th</sup> )					
Kelly Parmet	25:04 (32 <sup>nd</sup> )	22:24 (49 <sup>th</sup> )					
Diana Urrego	25:09 (34 <sup>th</sup> )	22:51 (51 <sup>st</sup> )					
Tami Warner	20:29 (6 <sup>th</sup> )	18:38 (12 <sup>th</sup> )					
Team Score/Finish	132 pts (5 of 5)	(7 of 7)					

TRINITY UNIVERSITY WOMEN'S RESULTS							
	UIW Relays (8/30 – 5K)						
Kaileigh Byrne	25:13 (35 <sup>th</sup> )						
Danielle Cobb	24:53 (30 <sup>th</sup> )						
Liz Eder	19:46 (2 <sup>nd</sup> )						
Krissy Ford	20:16 (4 <sup>th</sup> )						
Liz Frost	23:33 (25 <sup>th</sup> )						
Jayde Gearing	21:54 (13 <sup>th</sup> )						
Jordan Hanson	23:01 (19 <sup>th</sup> )						
Emily Loeffler	19:46 (1 <sup>st</sup> )						
Caitlin Masse	19:53 (3 <sup>rd</sup> )						
Jenna Price	23:07 (21 <sup>st</sup> )						
Samantha Seale	25:55 (38 <sup>th</sup> )						
Caroline Sibley	24:44 (29 <sup>th</sup> )						
Team Score/Finish	23 pts (1 of 5)						